



Before



After

This client is 82 years of age and is a non-smoker

She received six sessions (one hour per week) of Natural Face-Lift Rejuvenation Massage

The client did not make any changes to her normal diet and exercise routine

She did not complete any facial exercises and the results are from the Face-Lift Massage alone

“Whenever I went to a session with Lynda within 10 minutes I was in a deep sleepy state. I was really embarrassed because I would often snore, but Lynda only says this is one of the highest compliments a client can give her – that they are so relaxed they fall asleep.”